Maximum Power Transfer

Consider the following circuit: The input voltage is sinusoidal with a peak value V_s . The source impedance is $Z_s = R_s + jX_s$ and the load impedance is $Z_L = R_L + jX_L$.



The magnitude of the current flowing in the circuit is:

$$I = \frac{V_s}{\left|Z_s + Z_L\right|}$$

The power dissipated by the load is:

$$P_{L} = I_{rms}^{2} R_{L} = \frac{V_{s}^{2} R_{L}}{2 |Z_{s} + Z_{L}|^{2}} = \frac{V_{s}^{2} R_{L}}{2 [(R_{s} + R_{L})^{2} + (X_{s} + X_{L})^{2}]}$$

If we want to find the load that maximizes the above power, we have to solve the equations:

$$\nabla P_L = 0$$
 or the system of equations:
$$\begin{cases} \frac{\partial P_L}{\partial R_L} = 0\\ \frac{\partial P_L}{\partial X_L} = 0 \end{cases}$$

and
$$\frac{\partial P_L}{\partial X_L} = \frac{V_s^2 R_L (X_s + X_L)}{\left[(X_s + X_L)^2 + (R_s + R_L)^2 \right]^2}$$

$$\frac{\partial P_L}{\partial R_L} = \frac{V_s^2 \left[(X_s + X_L)^2 + (R_s + R_L)^2 - 2R_L (R_s + R_L) \right]}{2 \left[(X_s + X_L)^2 + (R_s + R_L)^2 \right]^2}$$

Setting both equations to zero provides: $X_L = -X_S$ and $R_L = R_S$. In other words: $Z_L = Z_S^*$.

Conclusion:

In order to transfer the maximum of power from a source, the load must be matched: The load reactance should cancel the source reactance and the load resistance must be equal to the source one.